

FACE MASK PATTERN INSTRUCTIONS

A mask will not prevent you from getting Covid19 but will help prevent the spread I have included 2 patterns 1 with a higher nose piece for those who wear glasses if you sit your glasses over the top with the wire shaped to your nose it prevents a fog 😊

For a smaller or larger size decrease or increase pattern size by about 1cm & test

The mask can be made reversible outside and inside layer cotton can be the same fabric or contrast be creative 😊

If you have an embroidery machine do a footy logo for the boys or maybe a butterfly for the girls

Requirements & Instructions

Outer & Inside layer 100% Cotton 20cm x 40cm Inside layer same fabric or cotton voile or bamboo

Lightweight elastic 3-6mm wide 50cm

Middle layer optional Interfacing or voile or other filter eg: "Matildas own" mask filter 20cm x 40cm

Make a sample out of a scrap first to see the size that fits

Right side to right side (RSTRS) (1/4" 6mm seam allowed) or you can overlock seams!

RSTRS cut cotton & lining together in size required (Make sure the direction of the print is facing upwards if necessary)

If using interfacing cut to same size- iron on now if fusible to outer or inner layer

RSTRS Join the outer & inner layer on curve make sure you catch both layers in seam

RSTRS place outside and inside layer together matching middle seam stitch Top & Bottom (place interfacing or filter on the wrong side)

If using thicker filter I used a zigzag stitch to join the curve lay side by side, attach in seam)

If doing the higher nose pattern insert covered garden wire or pipe cleaner about 25cm long into the seam and zigzag in place reverse at beginning and end

Leaving ends open to pull through to right side (pull middle seams apart and push to end to invert)

You can stitch the top & bottom seams on the outside if required

Flatten out or press,

To form a casing for elastic- Turn over twice to inside (you can overlock edges if preferred) approx. 10-15mm place piece of elastic approx. 25cmlong, fold over and straight stitch doing a back tack at either end to secure.

For my reversible masks I folded the plain lining to the printed side looks good!

Tie the elastic in a knot adjust length and pull through knot into casing

There are adjustable ear elastics also available for a nice finish

Happy sewing & stay safe Cheers Julie

